

LEWIS & CLARK SCOUT CAMP

MERIT BADGE REQUIREMENTS FOR FCT

Merit Badge: FIRST CLASS TRAIL M B ID: FCT Area ID: FIRST CLASS TRAIL

<u>Pre-Req</u>	<u>Requirement #</u>	<u>Requirement</u>
	1	4a Tenderfoot (Tuesday) Demonstrate how to whip and fuse the ends of a rope.
	2	4b Tenderfoot (Tuesday) Demonstrate how to tie and explain the uses of "Two Half Hitches" and the "Tautline Hitch".
	3	5 Tenderfoot (Thursday) Explain the "Rules of Safe Hiking" both on the highway and cross country, During the day and night. Explain what to do if you are lost.
	4	6 Tenderfoot (Monday) Demonstrate how to raise, lower and fold the American flag.
	5	7 Tenderfoot (Monday) Repeat and explain, in your own words, the Scout Oath, Law, Motto and Slogan.
	6	8 Tenderfoot (Monday) Know your patrol Name, give the Patrol Yell, and describe your Patrol Flag.
	7	9 Tenderfoot (Monday) Explain why we use the "Buddy System".
	8	11 Tenderfoot (Thursday) Identify local poisonous plants; Tell how to treat exposure to them.
	9	12a Tenderfoot (Wednesday) Demonstrate the Heimlich manuver and tell when it is used.
	10	12b Tenderfoot (Wednesday) Show first aid for the following: Simple cuts and scratches. Blisters on the hand and foot. minor burns or scalds (first degree) Bites or stings from insects and ticks. Poisonous Snakebite. Nose bleed. Frost bite and Sunburn.
	11	1a Second Class (Thursday) Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.
	12	1b Second Class (Thursday / Friday) Using a compass and a map you have drawn, take a five mile hike.
	13	2c Second Class (Monday) Demonstrate proper care, sharpening and use of a knife, saw and ax.

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	14	2d Second Class (Monday)
		Use the tools listed (knife, saw, ax) to prepare tinder, kindling and fuel for a cooking fire.
	15	3 Second Class (Daily)
		Participate in a flag ceremony.
	16	5 Second Class (Thursday / Friday)
		Identify or show evidence of at least 10 kinds of wild animals.
	17	6a Second Class (Wednesday)
		Show what to do for "Hurry" cases of stopped breathing, serious bleeding, and internal poisoning.
	18	6c Second Class (Wednesday)
		Demonstrate First Aid for the following:
		Object in eye
		Bite of suspected rabid animal
		Puncture wounds from Splinter, nail and fish hook
		Serious burns
		Heat exhaustion
		Shock
		Heat Stroke, dehydration, hypothermia and hyperventilation.
	19	1 First Class (Thursday)
		Demonstrate how to find directions during the day and at night without using a compass.
	20	6 First Class (Thursday)
		Identify or show evidence of at least 10 kinds of native plants.
	21	7a First Class (Tuesday)
		Discuss when you should use and not use lashings.
	22	7b First Class (Tuesday)
		Tie the "Timber Hitch" and "Clove Hitch" and use them in "square", "shear", and "Diagonal" lashings joining two or more poles together.
	23	8a First Class (Tuesday)
		Demonstrate tying the "Bowline" knot and ways it is used.
	24	8b First Class (Wednesday)
		Demonstrate bandages for injuries on your head, upper arm, and collarbone, and for a sprained ankle.
	25	8c First Class (Wednesday)
		Show how to transport by yourself, and aslo with another person:
		Someone from a smoke filled room.
		Someone with a broken leg.
		(Transport them at least 25 yards.)

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26 8d First Class (Wednesday)

Tell the five most common signs of a heart attack. Explain the steps in CPR.
